I urge all parents to be active in the debate on education funding. The recent Federal budget impacts on future funding for schools, TAFE and universities.

John F Kennedy summed up the reason governments need to be leaders in education provision when he said *"Our progress as a nation can be no swifter than our progress in education. The human mind is our fundamental resource."

Noble prize winner Kofi Annan shares this view. *"Education is a human right with immense power to transform. On its foundation rest the cornerstones of freedom, democracy and sustainable human development."

For detailed commentary on the budget I have included the press release by the NSW Minister for Education and Deputy Leader of the State National Party, Mr Adrian Piccoli.

Patti Kearns
Adrian Piccoli MP
Minister for Education

MEDIA RELEASE

Wednesday 14 May 2014

FEDERAL GOVERNMENT MUST NOT ABANDON NSW SCHOOLS

Minister for Education Adrian Piccoli today reaffirmed the NSW Government’s commitment to fund all its obligations under the Gonski Agreement.

“When we signed up to Gonski, NSW committed an extra $1.76 billion in school funding. We will honour our obligations under the Agreement and we call on the Commonwealth Government to do the same,” Mr Piccoli said.

Mr Piccoli said he will meet with all school sectors to plan a strategy to ensure the Commonwealth Government meets its commitments.

“As Minister for Education I am bitterly disappointed that the Commonwealth Government has walked away from a signed agreement with NSW,” he said.

“Not only is this a breach of a commitment to NSW, it is breach of faith with all school students in the State.

“This will cost NSW schools $1.2 billion in 2018 and 2019 alone, with Government schools losing $944m, Catholic schools losing $209m and Independent schools losing $120m.

“Schools in regional areas, as well as disadvantaged and Aboriginal students, will be the hardest hit.

“The Premier and Treasurer have today emphasised the NSW Government’s commitment to increased funding through the full six-year agreement remains in place – even as the Commonwealth tries to walk away from its commitments.

“The Gonski Agreement gave NSW the ability to strengthen and accelerate vital reforms to education in NSW.

“The $1.76 billion NSW Government commitment will allow that work to continue but the loss of Commonwealth funding will significantly restrict our capacity to continue to improve the quality of the education provided to students.”

Mr Piccoli said the loss of Commonwealth funding threatens:

- the ability to fully fund all schools which are currently below the “Schooling Resource Standard”;
- the next generation of literacy and numeracy reforms;
- additional initiatives to improve the quality of teaching;
Teaching and Learning

Year 12 students are well on the way towards completing their studies, with only 15 teaching weeks left in HSC courses. Half Yearly exams have been marked and returned to students and hopefully they have benefited from the feedback from teachers about how to improve performance. Students should now be in the routine of two to three hours of study each day in addition to attending classes. In this time, it is beneficial if class notes are revised, summaries are generated and practice exams downloaded from the BOSTES website, are completed and handed to teachers for review. Students completing subjects which contain a major piece of work including Visual Arts, Music and Design and Technology, should be well along the way to completion as these are marked during Term 3, well before the end of year exams in October.

Students are regularly reminded of the support available from the school, should they be feeling overwhelmed or stressed. All class teachers and Head Teachers can provide subject specific help. Mrs Roberts has release time to assist students 1:1 with writing tasks, Mrs Court is available to discuss post school options, the Welfare team, including Head Teacher Welfare Mr Hardie-Porter and Student Adviser Mr Hundle, the School Counsellors, the Deputy Principals and Principal, along with a youth worker from Headspace, are all available to assist students and parents through the next few months. Parents can support their children by assisting them to make positive choices about their health and well-being and setting priorities for their time, which may include limiting work hours or aimless ‘gaming' or chatting on social media!

Year 10 students are currently making decisions about the senior school, including subject selections. Work Experience is fast approaching and parents are encouraged to assist their child to set up a suitable placement. Whilst in recent years, not many young people exit to work after Year 10, a week in employment can assist young people to shape their aspirations, give them a taste of the ‘adult world' and sometimes help them to be more focused at school to improve their employment prospects. If parents have concerns about Work Experience, they should contact the Careers Adviser, Mrs Court.

Health and well-being

Our Breakfast Club continues to be well supported under the careful and enthusiastic watch of Kim Andrews who is employed as a teacher's assistant. Kim has forged strong community links and coordinates donations of goods from local businesses in the community to help feed the students. A regular group of about 30 students each day benefit greatly from her energy and care when they report to FL2 for breakfast with Miss Kim!

Kathy Steward
<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
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<tbody>
<tr>
<td>29th May</td>
<td>Years 9/10/11 Girls in Trade - Coffs Harbour TAFE</td>
</tr>
<tr>
<td>30th May</td>
<td>CHHS Athletics Carnival</td>
</tr>
<tr>
<td>2nd June</td>
<td>P&amp;C Meeting 7.00 pm in the school library</td>
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<tr>
<td>4th – 6th June</td>
<td>Science Self-Select Excursion to Sydney</td>
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<td>4th June</td>
<td>ICAS Science Test</td>
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<tr>
<td>5th June</td>
<td>Year 10 Lovebites</td>
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<td>5th June</td>
<td>Years 9/10/11 Girls in Trade - Coffs Harbour TAFE</td>
</tr>
<tr>
<td>6th June</td>
<td>North Coast Cross Country — Lismore</td>
</tr>
<tr>
<td>9th June</td>
<td>Queen’s Birthday Public Holiday</td>
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<tr>
<td>12th June</td>
<td>Year 10 Lovebites</td>
</tr>
<tr>
<td>12th June</td>
<td>Years 9/10/11 Girls in Trade - Coffs Harbour TAFE</td>
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<tr>
<td>Week commencing 16th June</td>
<td>ICAS Writing Test</td>
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<td></td>
<td>Date and time to be confirmed</td>
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<tr>
<td>16th – 20th June</td>
<td>Year 10 Work Experience</td>
</tr>
<tr>
<td>17th June</td>
<td>ICAS Spelling Test</td>
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<tr>
<td>18th June</td>
<td>Mid North Coast Athletics Carnival – Coffs Harbour</td>
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<tr>
<td>19th June</td>
<td>Years 9/10/11 Girls in Trade - Coffs Harbour TAFE</td>
</tr>
<tr>
<td>Week commencing 23rd June</td>
<td>Years 7 to 11 Semester 1 reports posted</td>
</tr>
<tr>
<td>27th – 29th June</td>
<td>Year 12 UNE Armidale Excursion</td>
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</table>
COFFS HARBOUR HIGH SCHOOL REMEMBERS

On the last day of Term 1, Coffs Harbour High School conducted their ANZAC Day ceremony as ANZAC Day fell in the school holidays (25th April). Litia Roko represented our school in the annual Coffs Harbour RSL sub-Branch essay writing competition. Year 12 is very busy and Litia has demonstrated her school spirit and pride by taking on this responsibility during this time of her schooling. Well done Litia.

Sheree Burnham
RELIEVING HEAD TEACHER HSIE
ANZAC DAY — COFFS CEREMONY
On Wednesday 7th May, fifteen Year 9 Drama students performed at the National Waste Management Conference at Opal Cove, in front of national and international delegates. The students performed a five minute improvised piece about littering which they had developed during workshops with the Eaton Gorge Theatre Company, namely Ian McColm and former Coffs Harbor High School student Juliet Scrine. Ian and Juliet appeared in their costumed personas as The Great Fertiliso and Madama Mulch.

In his thank you letter, Ian wrote:-

‘Your kids were great and a pleasure to work with; their performance on the day was fantastic and did themselves, you, us and your school proud.

The Conference was abuzz with positive feedback about what the kids did on stage and how it lifted the mood of the Conference.’

Well done Year 9 Drama students!

---

Year 9 Drama students with The Great Fertiliso and Madama Mulch

Madge Hair
DRAMA TEACHER
TERM 2 REPORT

Our new 7 to 10 English program has had a very successful introduction with both students and teachers enjoying new topics and texts. All students had to present a speech at the end of last term and there were many interesting and thoughtful speeches from Year 9 and 10, some great poetry recitations from Year 8 and very enjoyable “tall tales” from Year 7. Speaking in front of a group is a valuable skill for life after school (job interviews for example) and it is important that all students build their public speaking skills through the compulsory oral tasks set each year.

This term, our new units continue:

- Year 7 is examining the concept of Resilience through the unit “Ups and Downs”.
- Year 8 is examining the concept of Genre through a study of Fantasy and other genres.
- Year 9 is exploring the concept of Heroes – both real and fictional.
- Year 10 is exploring the concept of Context in their unit “Texts in their Time”.

ALL years will be completing a creative writing task in the last weeks of term. The notification for each task will be handed out to students by the end of Week 5 so please talk to your child about what they have to do and help them prepare. As well, students will be working on class tasks to add to their Writing Portfolio.

Our debating teams from Years 7 to 10 were hard at work last term practising their skills and are now starting to debate other regional schools in the opening rounds of the state competitions. Thanks to Mr Dyer, Ms Vlasto and Ms Hair for giving up lunch times to train the teams. We wish students every success in their debates this term.

Earlier this term we hosted the regional final for the Plain English Public Speaking Competition for senior students. Unfortunately, our entrant was ill on the day and could not compete but it was great to see one of our ex-students, Josh Leckenby, win the regional final. Thanks to Ms Montgomery and Ms Ion for organising and running the event. Two students from Years 7 and 8 will compete in the Legacy Public Speaking Competition later this term, ably supported by Ms Ion.

I want to take this opportunity to thank the Year 7 English teachers who supervised their class in the Year 7 NAPLAN Literacy tests, giving up free periods and working through breaks, to help make the whole process as stress free as possible.

Paula Madigan
HEAD TEACHER ENGLISH
YEAR 7 URUNGA EXCURSION

Term 2 has commenced and is just as busy as Term 1! At the end of last term, many Year 7 students attended an excursion to Urunga. This excursion was a valuable experience to enhance geographical skills in an outdoor environment.

The group was accompanied by Mr Core, Mr Tymchyszyn, Ms Williams, Mr Hardie-Porter, Mrs Austin and Mr Bolt. We thank Mr Bolt for sharing his first-hand knowledge of the local area with the students.

A special thank you to Mrs Bailey for planning an excursion that she did not even attend! Students enjoyed the day and behaved in an exemplary manner. Staff members were congratulated on how amazing our students looked in their new Coffs Harbour High School uniform.
It is an exciting time for senior students of HSIE. Year 12 are leading up to their trial HSC examinations in Business Studies, Ancient History and Legal Studies. Year 11 students have just completed half-yearly examinations in most of their HSIE subjects. Year 10 is in the middle of senior subject selection process. This can be an anxious time for Year 10 students and parents. If students have any questions regarding any HSIE subjects on offer, please do not hesitate to contact any of the HSIE teachers for further information.

**YEAR 11 VIETNAM AND CAMBODIA EXCURSION**

Lastly, Year 11 Modern History and Society and Culture students are busily preparing for their upcoming trip to Vietnam and Cambodia. This will undoubtedly be a rewarding experience for our students, as they discover the rich history and culture of these two entrancing countries. September will come along very quickly, so please settle all payments promptly and start preparing for this unique adventure.

Sheree Burnham  
RELIEVING HEAD TEACHER HSIE

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**THE EDGE – SENIOR MENTORING PROGRAM**

Were your exam results as good as you had hoped? Did you do well in your assessment tasks?

There are now quite a few Year 11 and 12 students regularly taking up the opportunity to improve their writing skills via one-on-one mentoring. They are finding the benefits in their results and confidence.

Don’t miss out!

With Term 2 well under way and spaces filling up, be sure to grab the offer of some free mentoring – while you still have time before your Trials and Higher School Certificate.

*Come and book a time with Mrs Roberts in the English staffroom!*
At the beginning of this term, we welcomed Mr David Dun to our team. Mr Dun is teaching Chinese to Years 8 and 9, as well as History. He has travelled all the way from Spain to teach here at Coffs Harbour and has made a significant sacrifice in leaving his family behind. Mr Dun instantly built a strong rapport with our students and is welcomed to both the HSIE and Languages faculties. We hope that Mrs Dun and the four children will arrive in Term 3.

On 1st May, Mr Hardy, Mr Dun and Mrs Burnham escorted 54 Year 8 students to Brisbane for a Chinese language and culture festival. The students thoroughly enjoyed the festival. During the excursion we were also treated to a Chinese banquet and a visit to Brisbane’s Chinatown. At the festival, students participated in the following activities:

- Chinese Calligraphy
- Tangram Puzzles
- Chopstick Skills
- Bathing Buddha
- Chinese Master Chef
- T’ai Chi
- Kung Fu
- Taiwanese Folk Dance
- Ju Percussion
- Chinese Painting

The highlight of the festival was the amazing performances at the end of the day. Specialist performers had travelled from China and Taiwan to present an array of skills including lion dancing, juggling (with fire!) and acrobatics. Authentic Chinese snack food was on offer at the festival, creating an opportunity for students to experience a snack that they would normally expect to eat in Beijing. Students all received a small gift from Chung Tian Temple for visiting the festival. This is the third time that Coffs Harbour High School has attended this festival.
LANGUAGES FACULTY
LANGUAGES FACULTY
CHINA EXCURSION 2015

Our next trip to China is planned for April next year.

Students who are attending this trip are reminded to keep their payments coming in and to provide Mrs Burnham with a photocopy of their passport as soon as it is available.

This trip should prove to be our best yet, with more time in Shanghai and a visit to our new sister school in Nanjing, as part of our Confucius Classroom commitments.

We have less than a year to go. Start getting excited!

VISITING CHINESE STUDENTS

We will be hosting three groups of Chinese visitors this year! Two groups will visit us as part of our collaboration with Southern Cross University.

These guests will visit on Wednesday 23rd July and Wednesday 30th July which happens to be Multicultural Day and China Day. Year 8 will be involved in this day, as well as some elective Chinese students. Our sister school in Jinan will visit us from 15th to 17th September. Year 11 students visited this school when we were in China in September last year.

Mrs Burnham is seeking billets for these students. If you are able to assist and would like your family to have the experience of hosting a new friend from afar, please contact Mrs Burnham as soon as possible. Students do not need to be studying Chinese to host a billet.

This is a rewarding experience for anyone who is interested in learning more about the world through social interaction with other cultures.

Sheree Burnham
RELIEVING HEAD TEACHER LANGUAGES
NEW COMPUTERS IN COMPUTER LAB 1

Computer Lab 1 was upgraded with 31 new desktop computers at the end of last term. 27 computers were provided under the T4L program and the remaining four were purchased by the school. Many thanks to Luke Croak, Joshua Sechi, Peter McKenzie and Patrick O’Gorman who volunteered to spend the necessary two days dismantling the old machines and installing the new ones.

For the computer geeks, the new computers are Lenovo ThinkCentre M73 (Pentium 3.0 GHz, 4GB RAM, 500GB HDD, Integrated Graphics, DVD Multiburner, 19” Wide-Screen Monitor). We all look forward to many hours of constructive computer usage from these fantastic machines.

Gary Lyne
COMPUTER COORDINATOR

SCHOOL NOTICE

Procedures for applying for Exemption from Attendance at School

Should your child need to be absent from school for more than five consecutive school days, it is a departmental requirement that an “Exemption from School – Procedures” form be completed and returned to the Front Office. Where the reason for exemption includes long term travel (more than 20 school days), copies of travel documentation should be included with the application.

Please allow enough time for the office to process the required paperwork.
2014 CHHS CROSS COUNTRY

On Wednesday 30th April 2014, our annual school cross country carnival was held with a few spots of rain here and there but not enough to dampen students’ spirits. It was a very relaxed afternoon with students participating in age events. There were a few tight finishes for age champions who are listed below. Congratulations to the age champions and the top six competitors who will travel to South Grafton to compete in the MNC Zone Carnival on Monday 19th May 2014.

2014 CHHS Cross Country Age Champions

<table>
<thead>
<tr>
<th>BOYS</th>
<th>GIRLS</th>
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</thead>
<tbody>
<tr>
<td>12 YEARS</td>
<td>12 YEARS</td>
</tr>
<tr>
<td>CODY POLKINGHORNE</td>
<td>MIRIAM INKORAMUTIMA</td>
</tr>
<tr>
<td>13 YEARS</td>
<td>13 YEARS</td>
</tr>
<tr>
<td>CAMERON BURNS</td>
<td>ISOBELLE MULLER</td>
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<tr>
<td>14 YEARS</td>
<td>14 YEARS</td>
</tr>
<tr>
<td>MALCHERO</td>
<td>HAYLEY MILLINGTON</td>
</tr>
<tr>
<td>ANTONY SAMBURUMA</td>
<td></td>
</tr>
<tr>
<td>15 YEARS</td>
<td>15 YEARS</td>
</tr>
<tr>
<td>HUGH CHURCHWELL</td>
<td>TAYLOR BLAY</td>
</tr>
<tr>
<td>16 YEARS</td>
<td>16 YEARS</td>
</tr>
<tr>
<td>LUCAS HARRISON</td>
<td>KODIE VANDENBERG</td>
</tr>
<tr>
<td>17 YEARS</td>
<td>17 YEARS</td>
</tr>
<tr>
<td>JAI LYONS</td>
<td>SCOUT BOURKE</td>
</tr>
</tbody>
</table>

Gallant Gallows took out 1st place with Energetic Emerald close behind. Smooth Sapphire came in 3rd with Marching Macauley’s bringing up the rear. A very big commendation to all students who participated in the cross country to gain points for their house, every point counts. Emerald, you need to step-up and take the reins at the Athletics Carnival being held on Friday 30th May 2014!

Pictured over are some action shots of our fabulous participants and teachers.

Natascha Gehrke
Science & PD/H/PE Teacher
Scout you’re going the wrong way!

Start of the 16 year girls
Jai Lyons & Elijah Gray sizing each other up

A tight finish for Year 8 girls

Chelsea Flanagan and Kaila Bell
PD/H/PE (continued)

Connor Herring

Water boy, Mr Henry

It’s a race to the finish!

Rhys Buckley & Josh Townsend

Brooke Alchin “Best House Supporter”
PD/H/PE (continued)

Malchero Antony Samburuma  
Taylor Blay

Ms Hoban finishing strongly

Siobhan Pink

Mr Paszkowski
2014 ZONE CROSS COUNTRY

It was a warm winter’s day for this year’s Mid North Coast Cross Country. The course was set up on the South Grafton Golf Course which put the competitors through their paces with many hills to climb.

Congratulations to all students who competed on the day.

Well done to Jai Lyons who won the Boys’ 17 Years and is now Age Champion for 2014.

The following students placed in their age groups and gained a spot in the MNC Team to run at the North Coast Carnival to be held in Kempsey on 6th June.

**BOYS**

<table>
<thead>
<tr>
<th>Age</th>
<th>Name</th>
<th>Place</th>
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<tbody>
<tr>
<td>12 YEARS</td>
<td>CODY POLKINGHORNE</td>
<td>2ND PLACE</td>
</tr>
<tr>
<td>12 YEARS</td>
<td>KAI APPLETON</td>
<td>4TH PLACE</td>
</tr>
<tr>
<td>12 YEARS</td>
<td>ZANE MISIOS</td>
<td>5TH PLACE</td>
</tr>
<tr>
<td>13 YEARS</td>
<td>CAMERON BURNS</td>
<td>3RD PLACE</td>
</tr>
<tr>
<td>15 YEARS</td>
<td>JACOB BLAY</td>
<td>4TH PLACE</td>
</tr>
<tr>
<td>15 YEARS</td>
<td>HUGH CHURCHWELL</td>
<td>6TH PLACE</td>
</tr>
<tr>
<td>17 YEARS</td>
<td>JAI LYONS</td>
<td>1ST PLACE</td>
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</tbody>
</table>

**GIRLS**

<table>
<thead>
<tr>
<th>Age</th>
<th>Name</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 YEARS</td>
<td>MIRIAM INKORAMUTIMA</td>
<td>4TH PLACE</td>
</tr>
<tr>
<td>12 YEARS</td>
<td>PARIS GOFF</td>
<td>6TH PLACE</td>
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<tr>
<td>13 YEARS</td>
<td>ISOBELLE MULLER</td>
<td>6TH PLACE</td>
</tr>
<tr>
<td>15 YEARS</td>
<td>TAYLOR BLAY</td>
<td>2ND PLACE</td>
</tr>
<tr>
<td>16 YEARS</td>
<td>KODIE VANDENBERG</td>
<td>5TH PLACE</td>
</tr>
<tr>
<td>16 YEARS</td>
<td>ISABEL HORSPOOL</td>
<td>6TH PLACE</td>
</tr>
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J A I L Y O N S  W I N S  U N D E R  1 7  B O Y S’  Z O N E

L-R: Jack Grimm, Angus Tedeschi, Katelyn Eagles, Addison Keegan
Bending: Kai Applet on and Cody Polkinghorne
The Child Dental Benefits Schedule (CDBS) commenced on 1st January 2014 and provides access to benefits for basic dental services to around 3.4 million children aged 2 to 17 years.

The total benefit entitlement is capped at $1,000 per child over a two calendar year period. The CDBS has a means test, which requires receipt of Family Tax Benefit Part A (FTB-A) or a relevant Australian Government payment.

The CDBS provides individual benefits for a range of services including examinations, x-rays, cleaning, fissure sealing, fillings, root canals and extractions. Benefits are not available for orthodontic or cosmetic dental work and cannot be paid for any services provided in a hospital.

Further information for families on the CDBS is available from the Department of Human Services website:-

MNC REGIONAL SCHOOL SURFING TITLES

On 1st May 2014, Coffs Harbour High School took a team of eight keen surfers to Boomerang Beach to compete in the Mid North Coast Regional School Surfing Titles. Spots in the competition were limited, so making the squad of eight surfers was a credit to our students.

The surfers arrived at Boomerang Beach to find perfect offshore winds and a solid 3-4ft south ground swell. The sun shone all day and the students had fun warming up for their heats.

A number of our surfers were surfing-up against competitors four years their senior. Tai Donelan and Julian Stocks (both 14) made it through two rounds and finished third in their semi-finals of the Under 19’s division. Danielle Page (13), Kyle Schultz (15) and Zoe Schmidt (17) were unlucky in their heats, in what were very challenging conditions at times.

Samahra Bye (16) surfed extremely well all day, finishing third overall in a strong group of Under 19 surfers. Paige Channells (15) charged her way to second place and will be off to the State Titles for the Under 16 Girls’ division. Taj Watson (14) will also be on his way to the State Titles in the Under 16 Boys’ division. Taj was a standout competitor all day, easily progressing to the finals and eventually taking out first place with some very fast, smooth and technical surfing.

Thanks go out to the parents who made it possible for these talented students to attend this fantastic event. With so many committed young surfers it seems Coffs Harbour High School will be a force to reckon with for quite some time!

Simon Smith
Coordinator
CHHS SURF SQUAD
PD/H/PE (continued)

COFFS HARBOUR HIGH SCHOOL SURF SQUAD
Standing (L-R): Mr Smith, Taj Watson, Tai Donelan, Julian Stocks, Kyle Shultz.
Front: Samahra Bye, Danielle Page and Paige Channells.

SCHOOL NOTICE

Please contact the school by phone (6652 3466), or email (coffsharb-h.school@det.nsw.edu.au), or letter; should your child be unwell.

It is a requirement of the Department that a doctor’s certificate be provided after three consecutive days on sick leave.
GEORGIA SELLINGS WINS SILVER AT THE AUSTRALIAN TITLES

In less than one year of wakeboarding, Georgia Sellings of Year 9 has achieved great results at both State and National levels. From the 19th to 22nd March she competed at the Australian National Titles in Wagga Wagga in the 10 to 14 Years Girls’ Division, placing second to the World Champion.

Throughout the year Georgia has had a number of great achievements, placing second in straight air and landing her first invert, resulting in her having to move up a division to inverter class at the Queensland Wakeboard Association (QWA) competitions. She progressed with her riding, getting three new flips (a tantrum, back roll and scarecrow), as well as a 360 spin. Georgia recently received the Outstanding Achievement Award at the QWA Presentation Night.

On 5th and 6th April, Georgia completed in the Queensland State Titles. She took out first place in the 10 to 14 Girls’ Division at the Gold Coast Marine Stadium on the Spit.

Georgia trains at various locations including Black Diamond Wakeboard School on the Hawkesbury River in Sydney with Scotty Kell; the Coomera River on the Gold Coast with the former world champion Brad Teunissen and the current world champion Cory Teunissen; and on the Clarence River at Grafton with her family.

We wish Georgia all the best with her future wakeboarding rides.
COFFS COUNTRY CUP

Under 13’s

On Thursday 8th May, the Under 13 boys’ played three games of Rugby League at Geoff King Motors Oval. In the first match a close encounter saw John Paul College off to a first half lead of 12-0, with a great scramble defence by Coffs Harbour High School preventing a higher score line as John Paul College had more opportunities with the ball. Improving their positional structure, we mounted a comeback in the second half to fall just short with a final score of 16-12.

Fielding two teams, the second game consisted of our squad playing against each other which allowed for some positional changes with many exciting tactics and moves on display, including a well-executed cross-field grubber kick that resulted in the try of the day.

The third and final game was played once again against John Paul College. With fatigue setting in - tension within the team was clearly evident as John Paul College scored three unanswered tries. A rousing speech by Mr Widders at half-time saw a rejuvenated team take the field with team cohesion and support greatly improved. Capitalising on strong running from the forwards, we were able to score two tries out wide but unfortunately time was not on our side.

Top tacklers of the day were Lachlan De Bomford and Rhyle Rousell; top attackers were Latrel Dabinett-Widders, Oscar Churchwell and Nicholas Taylor at dummy-half. Harrison Davey was voted players’ player by his team members.

Under 15’s

“12, 11, 10” seconds to go. Coffs Harbour High School is in front, Orara High behind. It’s been a close game. Coffs have been pressing forward in defense, driving hard on attack, encouraging each other. With seconds to go Orara High are now one metre from our try line, “4, 3” and Orara go over to score the winning try.

Coffs Harbour gave a resounding three cheers for Orara. The two teams shook hands as they left the field. After a quick half hour break, Coffs played John Paul College. Despite being two team members down, the boys played hard but were unlucky with the result. The referee commented after the game, “They are a great team, they really played well.” In both games the 15’s displayed excellent sportsmanship and 100% team effort.

Well done.

Ben Cross
OPEN GIRLS’ BASKETBALL TEAM

On Thursday 8th May our Open Girls’ Basketball team travelled south to take on Port Macquarie High School in the fourth round. We were disadvantaged from the beginning, missing two of our players Callie Winsor and Piper Bourke. Despite this, our girls made a dominant start to the game, leading in the first quarter. Unfortunately one of our star players, Scout Bourke, went down in the first five minutes while defending against the aggressive Port team. With Scout out, we were down to just one sub player, but we still managed to hold on to our lead due to fantastic attacking play by Isabella Crawley and Ruby Roddenby. Our girls continued to defend well with remarkable efforts from Jessie Harrison, Eliza Hall and Taylor Williams. With the team captain off injured, Grace Crawley stepped up and led the team to an inspirational performance. With four minutes to go, we were still in the lead, putting up a fantastic defensive effort. Unfortunately in the last minutes of the game, the other team put away three quick baskets to win the game 29-25. It was a fantastic effort by all team members and a special thank you to Piper Bourke for doing the bench and Liam James for refereeing.

Kate Williams
Coffs Harbour demonstrated their winning skills against Bellingen on Wednesday 26th March. The boys went on to play against Toormina, unfortunately losing 40/5 to 35/3 on Monday 12th May.

Congratulations to Toormina High for their win as Zone champions.

Dionne Court
TENNIS COORDINATOR
CAREERS UPDATE – MAY 2014

Careers website for Coffs Harbour High School to support students and parents

There is now a website and Facebook page that can assist students and parents alike with information when making career based decisions. The website has links to the university application process, what to do after Year 12, rights within the workplace and a host of additional information. As time goes on members of the Coffs Harbour High School community can subscribe to monthly careers newsletters and updates.

Students will be shown how to use this site in Years 10 to 12, but in the interim, you are encouraged to visit:-


School Based Traineeships

Congratulations to Elijah Gray and Eden Woods of Year 11 for securing school-based traineeships. Elijah is completing a Certificate II in Civil Construction with Lend Lease and Eden is working towards a Certificate III in Aged Care with Legacy Nursing Home.
Coffs Coast Careers Expo

On Thursday 15th May, Year 10 students attended the Coffs Coast Careers Expo. This year’s event was bigger than ever with students participating in workshops in health, business and trade fields.

Students have been able to use the knowledge gained from the Expo to assist with subject selections for Years 11 and 12.

Thank you to Youth Directions for hosting such a valuable event.

Newcastle Excursion

A reminder to all Year 12 students that the University of Newcastle visit will be held on Wednesday 16th May and interested students should collect a permission form from Mrs Court. The excursion will cost $45 per student and the bus leaves super early at 4.00 am.
UNE Excursion

Six Year 12 students attended the annual University of New England Open Day. Students learned more about courses and facilities available at the Armidale campus. Now is the time to start thinking seriously about their options after school and it is wonderful to see students take up opportunities to learn more.
Work Experience

Year 10 students should have by now secured their work experience placement for the week of 16th – 20th June. We have a wide variety of employers who have accepted students this year. Some students are travelling to Sydney and other regional centres to find meaningful placements.

In the week prior to work experience all students will be issued with multiple copies of their Student Placement Record as well as additional information to give their employer and a small work booklet to complete whilst on the job.

Thank you to local employers who have assisted students this year and we wish the students all the best in their placement.

Post Options Expo

The annual Post Options Expo is a must for all senior students when planning their future beyond Year 12. More than 50 exhibitors from universities, VET providers, employers and training facilities will be available to talk options with students and parents alike. Entry is free; simply show up to the CHEC Gymnasium between 9.00 am and 12.00 pm with an open mind and lots of questions.

Newcastle Girl and Live it!

The University of Newcastle’s Girls’ Choices Summer School and LIVE It! (for boys) programs, are five day residential experiences for Year 9 students across NSW.

These programs aim to expose students to the range of study and career options that exist for HSC graduates with Maths and Science subjects and inspire students to build upon their potential to succeed in Years 10, 11 and 12.

This year the programs will be held from 7th to 11th December for girls and the 14th to 18th December for boys at the Callaghan campus of the University of Newcastle. Applications close 27th June and application forms can be obtained from the Careers Office.

Year 12 University Applications

University applications open in early August through UAC and QTAC. Some universities will offer Early Entry applications for specific courses. For example Southern Cross University opens from 17th July and applications can be made online.

All Year 12 students will be issued with a UAC booklet to assist them with making their university applications if that is the direction they wish to take with their studies. All students in Year 12 will be interviewed for transition planning purposes; however students and parents are welcome to make an appointment to discuss options with the Careers Adviser at any stage.
Bricklaying Boys

Congratulations to the seven boys who participated in the ABBTF Bricklaying course as part of a TAFE program on Mondays for the past 10 weeks. Daina Hedger, Shawn Sutcliffe, Joel Moye, Billy Barrett, Brendan Leach, Daniel McLaughlin and Clancey Dickson all demonstrated that they had the skills to become potential bricklayers of the future.

Our trainee brickies show us how it’s done!
Former school captain Daniel Turner was recently awarded a BCU scholarship for $1000 to assist him in his tertiary studies.

This year Daniel has commenced studying Journalism at the University of Technology in Sydney following on from a gap year where he achieved the distinction of being named a Queen's scout and also spent time in the United States working at a summer camp.

Congratulations Daniel.
BREAKFAST CLUB

Just a reminder that the Breakfast Club operates every day except Wednesday from 8.30 am to 8.55 am for students who have missed breakfast. Come to FL2 to get a good start to your day.

A special big thank you to Julie Ferguson from REAP for collecting and delivering food every day to our Breakfast Club. Your time and effort is very much appreciated by all the students.
MAY 2014 REPORT

Education Funding

The Federal Budget is a disaster for public education in Australia. It has abandoned the previous Federal Labor Government’s six year funding commitment under the Gonski agreement. The Abbott Government wants to end needs-based funding arrangements in 2017 and cut two thirds of the promised funding. The total cut to school funding over the next decade is to the tune of $30 billion. You can help voice your disapproval by calling Coalition members of parliament. Details can be found on the “I Give A Gonski” website www.igiveagonski.com.au. It is so important to act now and let the Government know our kids deserve the additional resources that Gonski will bring to schools.

Meetings

We welcome new members to our meetings held in the library at 7.00 pm on the first Monday of each month with our next being Monday 2nd June. This is an excellent opportunity to be part of your child’s school and learn about the day to day running of the school, positive achievements and other relevant issues.

Canteen

The vast majority of our fundraising comes from our canteen. Our amazing canteen staff, Michelle, Tracey and Deanna, is always looking for volunteers to help during their busy days. Volunteers are also needed to help out during the June long-weekend when we open the canteen for the Dance Eisteddfod. If you are a parent, guardian or other family member who is able to spare some time please call them on 6652 4637. We appreciate the help of the many people whom already volunteer.

Reforms to P&C Federation

The NSW Parliament has introduced legislation to reform the NSW Federation of Parents and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school’s P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation’s Annual General Meeting and councillors who will serve on the Federation’s Board of Management. More information will be available on the Department’s website at http://www.schools.nsw.edu.au/gotoschool/a-z/involvement.php.

Paul Covington
PRESIDENT/PUBLICITY OFFICER
PARENTS & CAREGIVERS

A QUICK REFERENCE GUIDE FOR WORK PLACEMENT

HOW CAN YOU HELP MAKE WORK PLACEMENT WORK FOR YOUR SENIOR HIGH SCHOOL STUDENT?

If your young person is preparing to attend work placement as part of their VET Vocations (VET) course in the coming year, they will need to consider a number of issues before applying. Apart from being a compulsory requirement of their course, the qualification they attain will enhance their future job prospects! Their 'work placement' will be very different from a normal school day, as students are required to spend 1 days (39 hours) in the workplace like a potential employee.

**TRANSPORT** - Work times are not school hours, so transport arrangements will need to be planned in advance. Can you assist them get to work for this week or will they require public transport?

**ATTITUDE** - Work Placement is not just about practising and extending industry skills. Attitude, initiative, communication, attitude and punctuality are all on show as well. Helping your young person feel positive and ready to try their best will help set them up for a great placement.

**SPECIAL REQUIREMENTS** - Some courses require a student to hold additional records, e.g. WH&S (Work Health and Safety) in Construction, National Police Check in Human Services. Does your young person have these in place if needed?

**INDUSTRY TRAINING** - Employers understand students need to use work placement to try placements as a 'trial period' in their industry and as a result gain a genuine insight into the job market. This is an invaluable opportunity that school cannot provide alone.

**CAREER POTENTIAL** - What can happen after a successful work placement? Part-time employment, course building traineeships, apprenticeships, informal guidance on career paths and further education by those in the industry – all potential results from a positive work placement week! Can you back them up with good news stories of your career experiences?

**WORK PLACEMENT WORKS!**

69% said that VET helped them get a job

89% of students said that they received useful training while on work placement

24% went on to TAFE

28% went on to University

82% of students agree that work placement boosts motivation to learn

18% go into traineeships/apprenticeships

2 out of 3 say that participating in work placement helped them make a decision about working in the industry

24% of students were offered employment as a direct result of participating in work placement

Students who can recall just 4 or more interactions with employers were 3 times less likely to be unemployed or in further education and training at 19-21 years.

Youth Directions is responsible for coordinating work placements with your school and local host employers. If you would like any further information or have any queries at any time, please contact us on 6653 2500. Thank you.
Support for young people

Mental health support

Youth Beyond Blue Information resources for young people with mental health issues www.youthbeyondblue.com
Moodgym free online therapy program for depression visit www.moodgym.anu.edu.au
ReachOut Information resource for all young people www.reachout.com
Black Dog Institute information and resources for mental illness www.blackdoginstitute.org.au
Rethink amplify the good stuff in your life www.rethink.org.au
Kids Helpline phone 1800 551 800
24 hour counselling service for 5-25 year olds
Lifeline phone 131114, 24 hour phone support for adults

Pateline phone 1300 1300 32
24 hour support for paterns
Mental Health Access Line phone 1800 011 511
24 hour support if you are a mental health concern or family
Suicide callback service phone 1300 666 464 24 hour phone support for those with suicidal thoughts, follow up phone call arranged
www.headspace.org.au a service providing on the road or phone therapy with a psychologist for 2-25 year olds
Gay and Lesbian Counselling and Community Service 1800 18 4527 Prison call 5:30pm to 9:30pm

Health and sexual health

Twenty10 support information for young people who are same sex attracted www.twenty10.org.au
Blue Water Medical phone 6565 5037 Medical Clinic offering terminations of pregnancy
Bellingen Hospital 6565 1266
Coffs Harbour Hospital 6552 7000

Drug and alcohol

Gillline phone 131 048 8am-6pm Monday to Friday Help with cutting smoking
Drug and Alcohol phone 1800 422 599 24 hour confidential support and counselling for drug and alcohol issues
YSAS line phone 1800 014 446 24 hour support with drug and alcohol issues age group 12-21 years

Accommodation support

Jelly Dunker Youth Services phone 6551 4249 support for homeless and at risk of homelessness
Youth Emergency Accommodation phone 1800 452 599 24 hour details on lodge vacancies
Homeless Persons line phone 1800 234 566 accommodation information and referral line 9am-10pm 7 days a week
Take some time to CARE for yourself

Exercise every day

Not because you feel like it, but because it is something you do every day, like cleaning your teeth. Exercising can raise the feel-good chemicals in your brain almost as much as an antidepressant tablet can. If exercise is hard for you, start small — for example a few squats in your room, or walking out onto the street and going one house up and back. The trick is to do it every day, rain hail or shine, and then to try and stretch out what you are doing and aim for 30 mins of exercise every day.

Eat Breakfast in the sun

Breakfast is the most important meal of the day for staying healthy. Having some cereal or toast (even a quarter of a piece) in the sun is likely to help your mood. Sunlight makes vitamin D for our bodies which is essential for normal energy levels and mood. Eating your food more slowly and really noticing the taste and texture of what you are eating helps to take your mind off other worries. Breakfast can help you concentrate at work or school and can help maintain a healthy body weight.

Have 9-10 hours of good sleep every night

If you are having problems sleeping try the following tips to see if you can reset your body sleep clock.

- Always get up at the same time in the morning (7 days a week).
- Try to avoid caffeine e.g., coffee, tea, coke, chocolate, energy drinks especially after lunch time.
- Always eat something for breakfast.
- Try to do some exercise in the morning (like walk around the block) and avoid exercise after 5pm.
- Warm yourself and your bed up before sleep — have a warm shower and use a hot water bottle.
- Don’t have any screen time (e.g., TV, computer, gaming, texting) for one hour before you want to sleep. Turn off all electronic devices e.g., computer and phone at bedtime. Don’t read or watch TV in bed — make sure you are sitting in a chair so your body learns that bed is for sleeping.
- If you can’t go to sleep within half an hour get up and do something e.g., sit in a chair and listen to music, (no screen time) until you feel tired again and then go back to bed.
- If you have tried all these suggestions and still can’t sleep talk to your doctor. Not being able to sleep can be a sign of many things and having depression is just one of them.

Schedule in fun times

When you are working hard at school or your job it can feel as if life is one long homework task. It is important to schedule in some time every day and every week when you are doing something that you really enjoy. Often this will be time with your friends. It could also be time spent alone, being creative e.g., with art or music or dance, playing sport, time with your pet, doing outdoor activities or cooking food you enjoy etc. Only you will know what activities you really like.

Headspace, Mid North Coast
Adobe Creative Suite 6 - Student Download

Content creation tools for students

What is the Adobe Creative Suite 6 (CS6)?

Adobe Creative Suite 6 (CS6) is a set of software applications that empower students to work with digital media such as photos, movies and websites. These are professional tools used widely in industry.

Details of the offering

As part of the DEC’s Enterprise agreement with Adobe, students can download and install CS6 for free on their personally owned device.

Staff can continue to get access to Adobe software on school computers. In addition staff can choose to purchase the software for use on their home computer under ‘Work At Home’ rights. Information on how to do this can be found here: https://detwww.det.nsw.edu.au/it/software/softwareinfo/workathome.htm

Software available to download as part of CS6

As part of CS6, the following software will be available to download:
- Presenter
- Captivate
- Photoshop Elements
- Premier Elements
- InDesign

To learn more about the software, visit the Department’s intranet site: https://detwww.det.nsw.edu.au/it/software/catalogue/adobe/adobe_ea.htm

Information about the software is also available from Adobe http://www.adobe.com/au/products/cs6.html

Benefits of the software

With this offering, students will have access to professional software applications to work with digital media such as photos, movies and websites.

This initiative aligns with the new Student Bring Your Own Device Policy allowing those with access to the CS6 on their personal devices to continue school work at home.


Further information

Information and support materials can be accessed online at: https://detwww.det.nsw.edu.au/it/learning/support/index.htm
COMMUNITY INFORMATION

2013-2014 Family Energy Rebate

$125* TOWARDS ENERGY BILLS

DON’T MISS THE DEADLINE!
Apply before 5pm
Friday 13 June 2014

WHAT IS THE FAMILY ENERGY REBATE?
The Family Energy Rebate helps to cover the costs of energy bills for NSW households with dependent children. In 2013 – 2014 the rebate gives:
• A $125 credit against electricity bills for eligible applicants who receive electricity from an electricity retailer.
• A $137.50 direct payment to nominated bank accounts for eligible applicants who live in a caravan or mobile home park and receive electricity from the park operator.

AM I ELIGIBLE FOR THE FAMILY ENERGY REBATE?
To be eligible you MUST:
• Be eligible for Family Tax Benefit A or B during 2012-2013 and have received a relevant payment; and
• Be the primary account holder of an electricity retailer, OR a long-term resident of a caravan or mobile park home, whose name appears on the electricity bills supplied by the park operator.

YOU CHOOSE HOW YOU WANT TO APPLY FOR THE FAMILY ENERGY REBATE
• ONLINE – it takes a few minutes to submit and processing starts immediately.
• PAPER – download a form from the website, complete and submit by email, fax or post.

FOR MORE INFORMATION & ASSISTANCE
PHONE Service NSW 13 77 88
EMAIL fer.program@trade.nsw.gov.au

2 MINUTES TO FILL IN A FORM
* eligibility criteria apply

APPLY ONLINE NOW!
STEP 3 Payment
☐ I enclose the Early Bird Discount fee of $75.
   (before 4:00pm Fri 13 June)
OR
☐ I enclose the Standard fee of $90 (after 4:00pm Fri 13 June)
BY:
☐ Mail, Cheque/money order made out to ‘NECOM Ltd’
   (student name & Jr Workshop written on back as reference)
☐ Direct Transfer: BSB 032030 & ACC 6944760 (student name & Jr Workshop as reference)
☐ Telephone 02 6773 6415: Credit Card only
☐ Fax 02 6772 7511: Credit Card only
☐ Cash: In person at Armidale Office only
☐ Credit Card: ☐ Visa ☐ Mastercard
Cardholder’s Name: ____________________________
Exp Date: __/____/____
Card Number: _________________________________
Signature: _______________________________

STEP 4 Send application & payment to:
NECOM
PO Box 1313, Armidale NSW 2350
Email: admin@necom.org.au
Fax: 02 6772 7511

ENROLMENT TERMS & CONDITIONS
Withdrawal in Writing
Withdrawals received in writing before Fri 13 June will receive a refund ($25 admission fee applies). Withdrawals made after that date are ineligible for a refund. Withdrawals due to serious illness may receive a refund if a medical certificate is provided.

Code of Conduct
The student will uphold the following code of conduct:
• be respectful and friendly to everyone and welcome new students joining the group
• play by the rules
• participate in all activities
• report any concerns or worries

The student will not:
• be a bully
• leave the group without telling an adult of their location
• interfere with any other student’s learning

New England Conservatorium of Music
PO Box 1313, Armidale NSW 2350
CB Newling Building (Old Teachers College)
Cnr Mossman and Pauline Streets
Tel: 02 6773 6419 Email: admin@necom.org.au

2014 Junior Orchestra Workshop
Wed 25 & Thurs 26 June 2014

Our son has been so switched on by this experience - not just the technical knowledge imparted but the thrill of producing music that spoke to him and touched at our hearts. Our family is on such a high after the concert and that fabulous music! Thank you for the time, effort and enthusiasm you have expended to give all the students such a fabulous two days and a lasting experience.

Parents S & L Thoesteinsson

2014 JUNIOR ORCHESTRA WORKSHOP
Wed 25 & Thurs 26 June 2014

music years volumes
COMMUNITY INFORMATION

JUNIOR ORCHESTRA WORKSHOP

Wed 25 & Thurs 26 June 2014
Free Concert Thurs 26 June, 2.30pm

The New England Conservatorium of Music (NECOM) annual Junior Orchestra Workshop gives Year 3-8 students an intensive two days of invaluable performance training in a large orchestra under the leadership of specialist conductor Annie Phelan and NECOM tutors.

The Workshop is open to students in Years 3-8 who can read music and have at least 6 months experience playing one of the following instruments:

Strings: violin, viola, cello, double bass
Winds: flute, oboe, clarinet, bassoon, saxophone
Brass: trumpet, trombone, French horn, tuba
Percussion: Orchestral percussion (interested pianists may apply) NB. There is a strict limit of 4 percussionists

The standard fee of $90 covers 2 days tuition and morning tea. An Early Bird Discount is available if you make early payment by Friday 13 June. Bursaries for financial assistance are available (contact NECOM for a Bursary Application form).

This inspirational workshop offers students a rare opportunity to make friends with like-minded musical students, develop their instrumental and ensemble skills, and make unforgettable music in a full orchestral setting.

More Information?
Call NECOM Armidale: 6773 6419
Email: admin@necom.org.au

FREE CONCERT
Thurs 26 June 2.30-3pm – all parents welcome

SUPERVISION
NECOM provides supervision of students during course times only. It is the responsibility of parents to ensure the safe and punctual delivery and pickup of their child outside course times. NECOM invites parents to volunteer to supervise during breaks (see Step 2 of Application form).

2014 JUNIOR ORCHESTRA WORKSHOP
Complete Steps 1-4
STEP 1 Student Details
Surname:
Given Name: □ Female □ Male
School:
Date Of Birth: □ Age: □ Year at School:
Instrument: □ Grade:
Number of months/years played:
Instructor/Teacher:
Is the student of Aboriginal/Torres Strait descent? □ Yes □ No
Is English their second language? □ Yes □ No
Does the student have any recognised disabilities? □ Yes □ No
* If yes, please specify (optional):

STEP 2 Parent/Guardian Details
Surname:
Given Name:
Address:
Mobile:
Tel: (BH):
Email Address:
□ I will ensure that the NECOM Enrolment Terms & Conditions and student code of conduct will be upheld
□ I can assist with setting up morning tea and lunch
□ I can assist with supervision of students during breaks
Photography of JOW participants for promotional/archival purposes may be taken □ Yes □ No
□ I give permission for my child to be photographed
□ I do not give permission for my child to be photographed

Signature (P/G): □ Date:
You are invited

to come along to an information stand where you can talk
with current students about courses in

Business, Finance and Accounting

offered at

North Coast TAFE, Glenreagh Street Campus
Coffs Harbour

Date  Thursday 29 May 2014
Time   9 am - 5.30 pm
Where  Toormina Gardens Shopping Centre

Please contact Sabine Priestley, Facilitator/Assessor, Business Faculty on ph 6648 2421 for information

until next time